

Wrist Band Technique



Educators take turns to wear the wrist band throughout the day. If you have a child that responds well to sensory tools, you may choose to use a sensory tool as the wrist band to have it 'on hand'.

Educator wearing the wrist band will intentionally engage and supervise the child, *not just shadow the child*.

Other educators are then able to focus on other children or teacher lead/guided experiences whilst knowing that child is being supported.

Used with children who require intensive support (fast moving, heightened, higher level of physical support e.g., CP etc.) to ensure this support is shared amongst the team.

This may also be used to help teams work collaboratively to support children, ensuring all team members are spending time engaging with the child (depending on the child's individual goals) – wrist band is passed on at regular (e.g., can be timed) intervals and/or as required.

Note: This technique developed organically through the collaboration of Sue Brear and Ann Slater at Narre Warren Central Kindergarten, Victoria, AUSTRALIA many years ago.